Seaham Smiles Dental Surgery

AUTUMN NEWSLETTER

New Faces, Fond Farewells & Plenty of Smiles

Autumn has brought lots of change at Seaham Smiles. We're welcoming two new dentists, saying thank you and see you soon to two much-loved team members, and we have an inspiring patient story to share.



Welcome, Dr Fern!

We're delighted to welcome Dr Fern Maddison to the Seaham Smiles team. Fern is already settling in brilliantly and is now welcoming new patients, so if a friend or family member has been meaning to register, now's a great time.



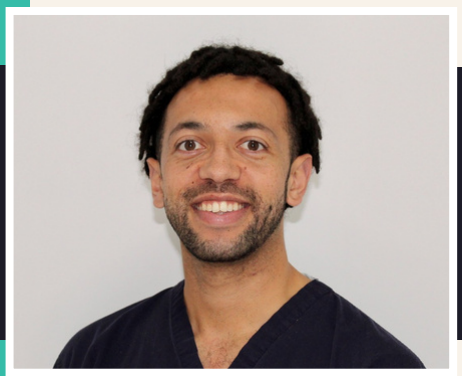
Welcome, Dr Katie Harding!

A warm welcome to Dr Katie Harding, who joins us as one of our new dentists. Katie is looking forward to meeting our patients and getting to know the Seaham community, so do say hello at your next visit.

See You Soon, Becca!

Becca is off on maternity leave, and the whole team is so excited for her. We'll miss her around the practice, but we know she has a very special adventure ahead. Wishing you all the best, Becca!





Thank You, Matt

After six wonderful years with us, Matt is moving on to another practice to focus on his root canal work. We'd like to say a huge thank you for everything he's done for our patients and our team. If you usually see Matt, don't worry – we'll make sure you're well looked after.

Thank you for being part of our practice family. We look forward to seeing you soon.

Phone: 0191 581 2236

Website: seahamsmiles.com

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Never Too Old for an Implant

At 90 years young, one of our lovely patients has proved there's no age limit on a confident smile. Age isn't what decides whether implants are right for you – a healthy mouth and good general health matter far more than the number on your birthday cake. If you've ever been told you're "too old", come and talk to us – implant consultations at Seaham Smiles are free.

Planning in 3D: Our CBCT Scanner

Our CBCT scanner takes a detailed 3D image of your teeth and jaw in under a minute. It shows us exactly how much bone there is and where the nerves and sinuses sit, so we can plan implant treatment precisely and safely before we begin.



Trick or Treat? Timing Matters

It's how often, not how much. Enjoy sweets in one go, ideally after a meal, rather than grazing all evening. Plain chocolate is kinder to teeth than sticky, chewy or sour sweets, and a glass of water afterwards helps. Then brush with a fluoride toothpaste before bed. Due a check-up? Book on 0191 581 2236, or message us on WhatsApp: 07467 322605.

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