

Team Updates

It's been a busy and exciting time for our team:



Ngan and Jenna have successfully passed their dental nursing exam – a huge congratulations!

We're delighted to welcome Madie, a qualified dental nurse, to the practice.



Our wonderful Abbey, Head of Operations, has now headed off to welcome her beautiful baby girl number two. We miss her greatly and wish her all the very best for this special time.

We are saying goodbye to our dentist Stacey and one of our therapists, Sam. We thank them both for everything they've contributed to the team and wish them every success in their next chapter.



Spring Reset: Time to Prioritise Your Smile

Spring is the perfect time for a fresh start and your smile is no exception. If you've been putting off treatment, now is a great opportunity to take that first step. Whether you've been considering straightening your teeth, replacing a missing tooth, or simply refreshing your oral health routine, we're here to help you feel confident moving forward.

SPRING HYGIENE TIPS (WITH A TWIST!)

A few easy ways to give your routine a seasonal upgrade:

- 1 Swap your toothbrush**
If it's been longer than 3 months, it's time!
- 2 Upgrade your routine**
Add flossing or interdental brushes if you haven't already.
- 3 Hydrate more**
Warmer weather means more water, which helps keep your mouth healthy too.
- 4 Snack smart**
Fresh fruits and crunchy veggies are great for your teeth and your overall health.
- 5 Book ahead**
Future you will thank you for getting your hygiene visits locked in early.

If you've been meaning to get back on track with your dental care, we'd love to see you this spring.

Direct Access Hygiene Appointments

Just £90 for a 30-minute hygiene visit with our therapist.

Gentle, Thorough Care

Book directly with our hygienist or therapist – no dentist appointment required. Perfect for keeping your smile fresh and healthy between check-ups.



Fresh Season, Fresh Smile: Invisalign & Implants

Thinking about making a bigger change?

Invisalign

A discreet and flexible way to straighten your teeth. Ideal if you've been putting it off but want to feel more confident heading into the year ahead.

Dental Implants

A long-term solution for missing teeth that looks, feels, and functions just like natural teeth.

